



**Sample Menu 4**  
**Mediterranean**

**Starters**

**Hummus Platter**

*w/ toasted pita wedges & carrot sticks*

**Babaganoush**

*roasted eggplant dip w/ warm pita*

**Falafel Platter**

*seasoned chickpea patties served w/  
pita bread, hummus, tomatoes, cucumbers,  
sweet onion, & lemon tahini dressing*

**Spanakopita**

*spinach, & feta wrapped in layers  
of delicate phyllo dough*

**Babaganoush**

*roasted eggplant dip w/ warm pita*

**Lamb Meatballs**

*served w/ tzatziki*

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**Salads**

**Tabbouleh Salad**

**Baby Spinach Salad**

*w/ honey lemon vinaigrette*

**Tomato, Cucumber Salad**

*w/ sweet onion, kalamata olives, & feta*

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**Soup**

**Lemony Red Lentil**

**White Bean & Roasted Garlic**

**Entrees**

**Broiled Kebabs**

*(chicken, lamb, beef, or pork)*

**Lemon Garlic Chicken**

**Slow roasted Leg of Lamb**

**Roasted Eggplant Ragout**

**Baked Cod or Snapper**

*w/ tomatoes, artichoke hearts, garlic, & lemon*

**Mediterranean Style Shrimp**

*w/ garlic, shallots, tomatoes, & peppers*

**Lentils & Rice**

*red & green lentils, caramelized onions, garlic,  
tomatoes, & herbs layered w/ brown rice*

**Moussaka**

*ground lamb, eggplant, & potatoes  
baked in a creamy béchamel sauce*

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**Sides**

**Rice pilaf**

**Baked Stuffed Tomatoes**

**Roasted Vegetable Cous-cous**

**Lemon Garlic Roasted Potatoes**

**Grilled Marinated Vegetables**

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**Dessert**

**Baklava**

*chopped walnuts & pistachios sweetened w/ honey  
then baked in layers of delicate phyllo dough*

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